

## **Courses Of Study**

### Elementary Schools

Courses of study for grades one through six shall include:

1. English: listening, speaking, reading, writing including spelling, handwriting, and composition, and knowledge and appreciation of language and literature.

2. English Language Development. Students who are assessed to be Limited English Proficient will have daily instruction in English Language Development including listening, speaking, reading, and writing.

3. Mathematics: concepts, operational skills, problem solving.

4. Social Sciences: age-appropriate materials drawn from anthropology, economics, geography, history, political science, psychology, and sociology with emphasis on:

a. The history, resources, development, and government of California and the United States, including:

(1) Early California history.

(2) Social Science and Ethnic Studies: The role and contributions of all individuals and groups to the economic, political, and social development of California and the nation, with particular emphasis on the role of these groups in contemporary society.

(cf. 6141.2 - Recognition of Religious Beliefs and Customs)

(cf. 6141.6 - Multicultural Education)

b. The development of the American economic system, including the role of the entrepreneur and labor.

c. The individual's relation to human and natural environments.

d. Eastern and western cultures and civilizations.

e. Contemporary issues.

f. The protection, conservation, and wise use of natural resources, including the necessity for protecting our environment.

(cf. 6142.5 - Environmental Education)

5. Science, including biological and physical sciences, with emphasis on experimental inquiry and humanity's place in ecological systems.

(cf. 6142.3 - Science Instruction)

6. Visual and performing arts, including art, music, and dance, with emphasis on creative expression and the development of aesthetic appreciation.

(cf. 6142.6 - Visual and Performing Arts)

7. Health: individual, family, and community health principles and practices, including:

a. Personal and public safety and accident prevention, with instruction in:

(1) Hemorrhage control.

(2) Treatment for poisoning.

(3) Resuscitation techniques.

(4) Cardiopulmonary resuscitation, when appropriate equipment is available.

b. Fire prevention.

c. Sexually transmitted disease.

(cf. 6142.1 - Family Life/Sex Education)

(cf. 6142.2 - AIDS Prevention Instruction)

d. The effects of alcohol, narcotics, drugs, and tobacco upon the human body.

(cf. 5131.6 - Alcohol and Other Drugs)

e. Interpersonal Problem Solving.

8. Physical education, with emphasis on activities conducive to health and vigor of body and mind. (Education Code 51210)

(cf. 6142.7 - Physical Education)

Secondary Schools

Course of study for grades 7 through 12 shall include:

1. English: listening, speaking, reading, writing including handwriting and spelling, and knowledge and appreciation of literature, language, and composition.

2. English Language Development. Students who are assessed to be Limited English Proficient will have daily English Language Development including listening, speaking, reading, and writing.

3. Social Sciences: age-appropriate materials drawn from anthropology, economics, geography, history, political science, psychology, and sociology, with instruction in:

a. The history, resources, development, and government of California and the United States, including:

(1) The Declaration of Independence.

(2) U.S. Constitution including the:

- Bill of Rights

- Federalists Papers

- Emancipation Proclamation

- Gettysburg Address

- George Washington's Farewell Address

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(4) Social Science and Ethnic Studies: The role and contributions of all individuals and groups to the economic, political, and social development of California and the nation, with particular emphasis on the role of diversity in contemporary society.

(cf. 6141.2 - Recognition of Religious Beliefs and Customs)

(cf. 6141.6 - Multicultural Education)

b. Our American legal system, the operation of the juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions.

c. The development of the American economic system, including the role of the entrepreneur and labor.

d. The individual's relations to human and natural environments, including the protection, conservation and wise use of resources and the necessity for protecting our environment.

e. Eastern and western cultures and civilizations.

f. Human rights issues, with particular attention to the study of the inhumanity of genocide, slavery, and the Holocaust.

g. Contemporary issues.

4. Foreign language(s): listening, speaking, reading, and writing, beginning not later than grade 7 (Education Code 51220)

5. Physical education, with emphasis on activities conducive to health and vigor of body and mind.

(cf. 6142.7 - Physical Education)

6. Science, including physical and biological sciences, with emphasis on basic concepts, theories and processes of scientific investigation and on humanity's place in ecological systems, and with appropriate applications of the interrelation and interdependence of the sciences.

(cf. 6142.3 - Science Instruction)

(cf. 6142.5 - Environmental Education)

7. Mathematics, including instruction designed to develop mathematical understandings, operational skills and insight into problem-solving procedures.

8. Visual and performing arts, including art, music, drama, and dance with emphasis upon development of aesthetic appreciation and the skills of creative expression.

(cf. 6142.6 - Visual and Performing Arts)

9. Applied arts, including instruction in consumer and homemaking education, industrial arts, general business education, or general agriculture.

(cf. 6178 - Vocational Education)

10. Vocational-technical education designed to prepare youth for gainful employment in occupations that meet state and community needs and are relevant to students' career desires and needs.

11. Automobile driver education, including instruction in:

a. Vehicle Code provisions and other relevant state laws.

b. Proper acceptance of personal responsibility in traffic.

c. Appreciation of the causes, seriousness, and consequences of traffic accidents.

d. Knowledge and attitudes necessary for the safe operation of motor vehicles.

e. The safe operation of motorcycles.

f. The dangers involved in consuming alcohol or drugs in connection with the operation of a motor vehicle.

12. Personal and public safety and accident prevention, including instruction in:

a. Hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available.

b. Fire prevention.

c. Sexually transmitted disease.

(cf. 6142.1 - Family Life/Sex Education)

d. AIDS and AIDS prevention.

(cf. 6142.2 - AIDS Prevention Instruction)

e. The effects of alcohol, narcotics, drugs, and tobacco upon the human body and upon prenatal development.

(cf. 5131.6 - Alcohol and Other Drugs)

f. Interpersonal Problem Solving.

g. Prenatal care.

h. Violence as a public health issue. (Education Code 51202)

13. Parenting skills and education shall be taught to students in grade 9 separately or as part of another course. This requirement is addressed within the district Sociology for Living course of study. Parenting instruction must include the following areas of instruction:

a. Child development and growth.

b. Effective parenting.

c. Prevention of child abuse.

d. Nutrition.

e. Household finances and budgeting.

f. Personal and family interaction and relations.

g. Methods to promote self-esteem.

h. Effective decision-making skills.

i. Family and individual health.

Upon parental/guardian request, a student may be exempted from the parenting skills and education class if he/she satisfactorily demonstrates mastery of the course content, (Education Code 51220.5) or if the parent/guardian stipulates in writing that the parenting curriculum is in violation of the parents religious or moral beliefs.

(cf. 5146 - Married/Pregnant/Parenting Students)

(cf. 6141 - Curriculum Development and Evaluation)

(cf. 6155 - Challenging Courses by Examination)

(cf. 6161.1 - Selection and Evaluation of Instructional Materials)

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