# Fresno Unified Administrative Regulation (AR) 6143 Courses Of Study 

## Grades 1-6 Elementary Schools

Courses of study for grades one through six shall include:

1. English: knowledge and appreciation of language and literature, and the skills of listening, speaking, reading, writing, spelling, andcomposition, Education Code 51210)
2. English Language Development: Students who are assessed to be Limited English Proficient will have daily instruction in English Language Development including listening, speaking, reading, and writing.
3. Mathematics: concepts, operational skills, problem solving. (Education Code 51210)
4. Social Sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, including instruction in: (Education Code 51210)
a. The history, resources, development, and government of California and the United States, including:
(1) Instruction shall include the early history of California and a study of the role and contributions of men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society. (Education Code 51204.5, 60040)
(cf. 6141.2 - Recognition of Religious Beliefs and Customs)
(cf. 6141.6-Multicultural Education)
b. The development of the American economic system, including the role of the entrepreneur and labor.
c. The relations of persons to their human and natural environments.
d. Eastern and western cultures and civilizations.
e. Contemporary issues.
f. The protection, conservation, and wise use of natural resources, including the necessity for protecting our environment.
(cf. 6142.5-EnvironmentalEducation)
5. Science: biological and physical aspects, with emphasis on experimental inquiry and place of humans in ecological systems. (Education Code 51210)
(cf. 6142.3-Science Instruction)
6. Visual and performing arts: instruction in art, music, and dance, theatre, and visual arts aimed at developing aesthetic appreciation and creative expression (Education Code 51210)
7. Health: individual, family, and community health principles and practices, including:
a. Personal and public safety and accident prevention, including instruction in:
(1) Emergency first aid
(2) Hemorrhage control.
(3) Treatment for poisoning.
(4) Resuscitation techniques.
(5) Cardiopulmonary resuscitation (CPR), when appropriate equipment is available.
b. Fire prevention.
c. The protection and conservation of resources, including the necessity for the protection of the environment
d. Venereal disease.
e. The effects of alcohol, narcotics, drugs, and tobacco upon the humanbody.
f. Interpersonal Problem Solving
8. Physical education: with emphasis on activities conducive to health and vigor of body and mind. (Education Code 51210)
(cf. 6142.7-Physical Education)

## Grades 7-12 Secondary Schools

Course of study for grades 7 through 12 shall include the following:

1. English: the skills of listening, speaking, reading, writing including handwriting and spelling, and knowledge and appreciation of literature, language, and composition. (Education Code 51210)
2. English Language Development: Students who are assessed to be Limited English Proficient will have daily English Language Development including listening, speaking, reading, and writing.
3. Social Sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, with instruction in: (Education Code 51210)
a. The history, resources, development, and government of California and the United States, including instruction in:
(1) The early history of California and a study of the role and contributions of both men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society (Education Code 51204.5)
(2) World War II, including the role of Americans and Filipino Americans who served in the United States Army during that time
(3) The Vietnam War, including the "Secret War" in Laos and role of Southeast Asians in that war
(4) The Bracero program, in which there was a 1942 agreement between the United States and Mexico authorizing the temporary migration of laborers to the United States
(cf. 6141.2-Recognition of Religious Beliefs and Customs)
(cf. 6141.6 - Multicultural Education)
b. The American legal system, the operation of the juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions. This course may include participation in a teen court or peer court program. (Education Code 51220.2)
c. The development of the American economic system, including the role of the entrepreneur and labor.
d. The relations of persons to their human and natural environments, including the protection, conservation and wise use of resources and the necessity for protecting our environment.
(Education Code 51221)
e. Eastern and western cultures and civilizations.
f. Human rights issues, with particular attention to the study of the inhumanity ofgenocide, (which may include, but is not limited to, the Armenian, Cambodian, Darfur, and Rwandan genocides), slavery, and the Holocaust.
g. Contemporary issues.
4. World language(s): listening, speaking, reading, and writing, beginning not later than grade 7 (Education Code 51220)
5. Physical education: with emphasis on physical activities conducive to health and vigor of body and mind as required by Education Code 51222 (Education Code 51220)
(cf. 6142.7-Physical Education)
6. Science: physical and biological sciences, emphasis on basic concepts, theories and processes of scientific investigation and on the place of humans in ecological systems, and with appropriate applications of the interrelation and interdependence of the sciences. (Education Code 51220)
(cf. 6142.3 - Science Instruction
(cf. 6142.5 - Environmental Education)
7. Mathematics: mathematicalunderstandings, operational skills and problem-solving procedures; algebra (Education Code 51220, 51224.5)
8. Visual and performing arts: including art, music, drama, dance, theatre, and visual arts with emphasis upon development of aesthetic appreciation and the skills of creative expression. (Education Code 51220)
(cf. 6142.6-Visual and Performing Arts)
9. Applied arts: including instruction in consumer education, family and consumer sciences education, industrial arts, general business education, or general agriculture. (Education Code 51220)
(cf. 6178 - Vocational Education)
10. Career technical/vocational-technical: in the occupations and in the numbers appropriate to the personnel needs of the state and community served and relevant to the career desires and needs of students (Education Code 51220)
11. Comprehensive sexual health and HIV prevention (Education Code 51225.36, 51934)
12. High schools shall offer automobile driver education that includes instruction in: (Education Code 51220.5)
a. Vehicle Code provisions and other relevant statelaws
b. Proper acceptance of personal responsibility in traffic
c. Appreciation of the causes, seriousness, and consequences of traffic accidents
d. Knowledge and attitudes necessary for the safe operation of motor vehicles
e. The safe operation of motorcycles
f. The dangers involved in consuming alcohol or drugs in connection with the operation of motor vehicle
g. The rights and duties of a motorist as they pertain to pedestrians and the rights and duties of
pedestrians as they pertain to traffic laws and traffic safety
13. Personal and public safety, accident prevention and health, including instruction in:
a. Emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and CPR when appropriate equipment is available.
(cf. 6142.1 - Family Life/Sex Education)
b. The effects of alcohol, narcotics, drugs, and tobacco upon the human body.
c. Prenatal care for pregnant individuals.
d. Violence as a public health issue.
14. Violence awareness and prevention
15. Ethnic Studies
a. Commencing in the 2025-26 school year, the district shall offer a one-semester course in ethnic studies as specified in Education Code 51225.3.

In addition, the course of study for grade 7 and/or 8 may include parenting skills and education including, but not limited to: (Education Code 51220.5)
a. Child development and growth
b. Parental responsibilities
c. Child abuse and neglect issues
d. Household budgeting
e. Maintenance of healthy relations
f. Self-esteem
g. Teen parenting issues
h. Personal hygiene

## Original Credit Courses

Students enrolled in grades 9-12 may take only one original credit year-long course from each of the core curriculum subject areas and electives (Math, English Language Arts, History-Social Science, Science, Elective) during their four-year high school career.

Original credit courses may not be used to reduce the students' schedule to five periods nor is it intended to allow students to become an office or classroom aide (course periods without educational content).

## Certification of College Preparatory Courses

The Superintendent or designee shall identify district courses that may qualify for designation as "a-g" college preparatory courses, including courses in history-social science, English, mathematics, laboratory science, languages other than English, visual and performing arts, career technical education, and college preparatory electives. The Superintendent or designee shall submit any necessary information regarding each identified course to the University of California (UC) for "a-g" designation.

## Notification and Information to Students in Grades 9-12

1. A brief explanation of the course requirements for admission to UC and the California State University (CSU)
2. A list of the current UC and CSU web sites that help students and their families learn about college admission requirements and that list high school courses that have been certified by UC as satisfying the requirements for admission to UC and CSU
3. A brief description of what career technical education is, as defined by the California Department of Education (CDE)
4. The Internet address for the portion of the CDE web site where students can learn more about career technical education
5. Information about how students may meet with school counselors to help them choose courses that will meet college admission requirements and/or enroll in career technical education courses

The Superintendent or designee shall provide information to students and parents/guardians regarding the completion and submission of the Free Application for Federal Student Aid (FAFSA) and/or the California Dream Act Application (CADAA) at least once before grade 12. (Education Code 51225.8)

## Financial Aid Requirements for Students in Grade 12

Commencing in the 2022-23 school year, the Superintendent or designee shall ensure that each student in grade 12 completes and submits a FAFSA to the U.S. Department of Education or, if a student is exempt from paying nonresident tuition a CADAA to the Student Aid Commission (CSAC), unless either: (Education Code 51225.7)

1. The student's parent/guardian, emancipated minor, or student age 18 years or older submits an optout form to the district
2. If the district determines that a student is unable to complete a requirement of Education Code 51225.7, the district shall exempt the student or the student's parent/guardian from completing the FAFSA, CADAA, or opt-out form and shall complete and submit an opt-out form on the student's behalf

The Superintendent or designee shall ensure that each high school student in grade 12, and if applicable, the student's parent/guardian, be directed to any support and assistance necessary to complete the FAFSA and/or CADAA that may be available through outreach programs, including, but not limited to, programs operated by CSAC, postsecondary immigration resource centers, college readiness organizations, communitybased organizations, and/or legal resource organizations. (Education Code 51225.7)

Information shared by students and parents/guardians in completing and submitting the FAFSA and/or CADAA shall be handled in compliance with the federal Family Rights and Privacy Act and applicable state law, regardless of any person's immigration status or other personal information. (Education Code 51225.7)

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[^0]:    Fresno Unified School District prohibits discrimination, harassment (including sexual harassment), intimidation, and bullying based on actual or perceived race, color, ethnicity, national origin, immigration status, ancestry, age (40 and above), religious creed, religion, political belief or affiliation, gender, gender identity, gender expression, genetic information, mental or physical disability, sex, sexual orientation, marital status, pregnancy or parental status, childbirth, breastfeeding/lactation status, medical condition, military and veteran status, or association with a person or a group with one or more of these actual or perceived characteristics or any other basis protected by law or regulation, in its educational program(s) or employment.

